

Qualifications

- Oregon Resident
- 18 years of age or older
- Mentally capable of making health care decisions
- Terminal illness with life expectancy of 6 months or less as determined by two physicians
- Able to self-administer the medications; contact us if you are unsure

Requirements of the Law

- An Attending Physician (AP) who writes the prescriptions
- A Consulting Physician (CP) who verifies the diagnosis and prognosis
- Two oral requests for DWD with a minimum of 15 days between; exceptions in extreme situations
- A written request for life-ending medications; form is on our website: <https://eolcoregon.org>

Step-by-Step Instructions

- Step 1.** Make a clear **oral** request to use the Death with Dignity Act to an Oregon MD or DO and be sure it is recorded in your medical chart.
- Step 2.** Identify and see an MD or DO who is willing to be the Attending Physician.
AP Name _____ **Fax #** _____
- Step 3.** Identify and see an MD or DO who is willing to be the Consulting Physician.
CP Name _____ **Fax #** _____
- Step 4.** Complete the written request for medication and return it to the Attending Physician. Note: Be sure it is witnessed by two people at the time of signing; only one can be a family member.
Date written request signed and returned to AP _____
- Step 5.** At least 15 days after the first oral request was recorded, make a second oral request for DWD to the Attending Physician; exceptions in extreme situations.



Date of 1st Request: _____

Date of 2nd Request: _____

Medications

Your Attending Physician will discuss current medications with you. Current cost is \$_____.

Written instructions for administration will be provided.

What if I change my mind?

You may change your mind anytime. This option is always your choice.

End of Life Choices Oregon

Volunteers may be able to help find supporting physicians. We can be there for you and your loved ones, should you decide to take life-ending medications. Services are free – donations gratefully accepted. <https://eolcoregon.org/support-end-of-life-choices-oregon/>